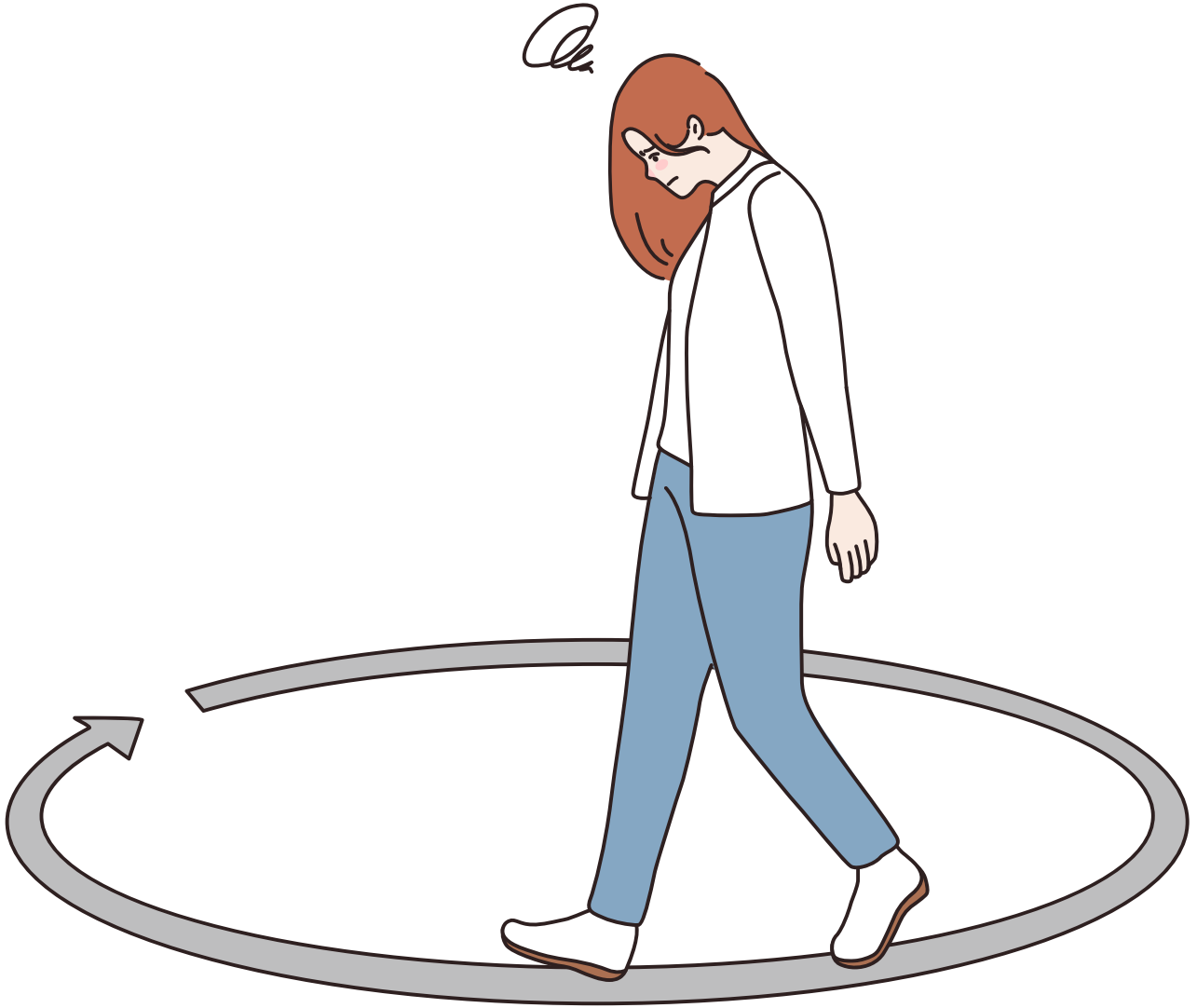
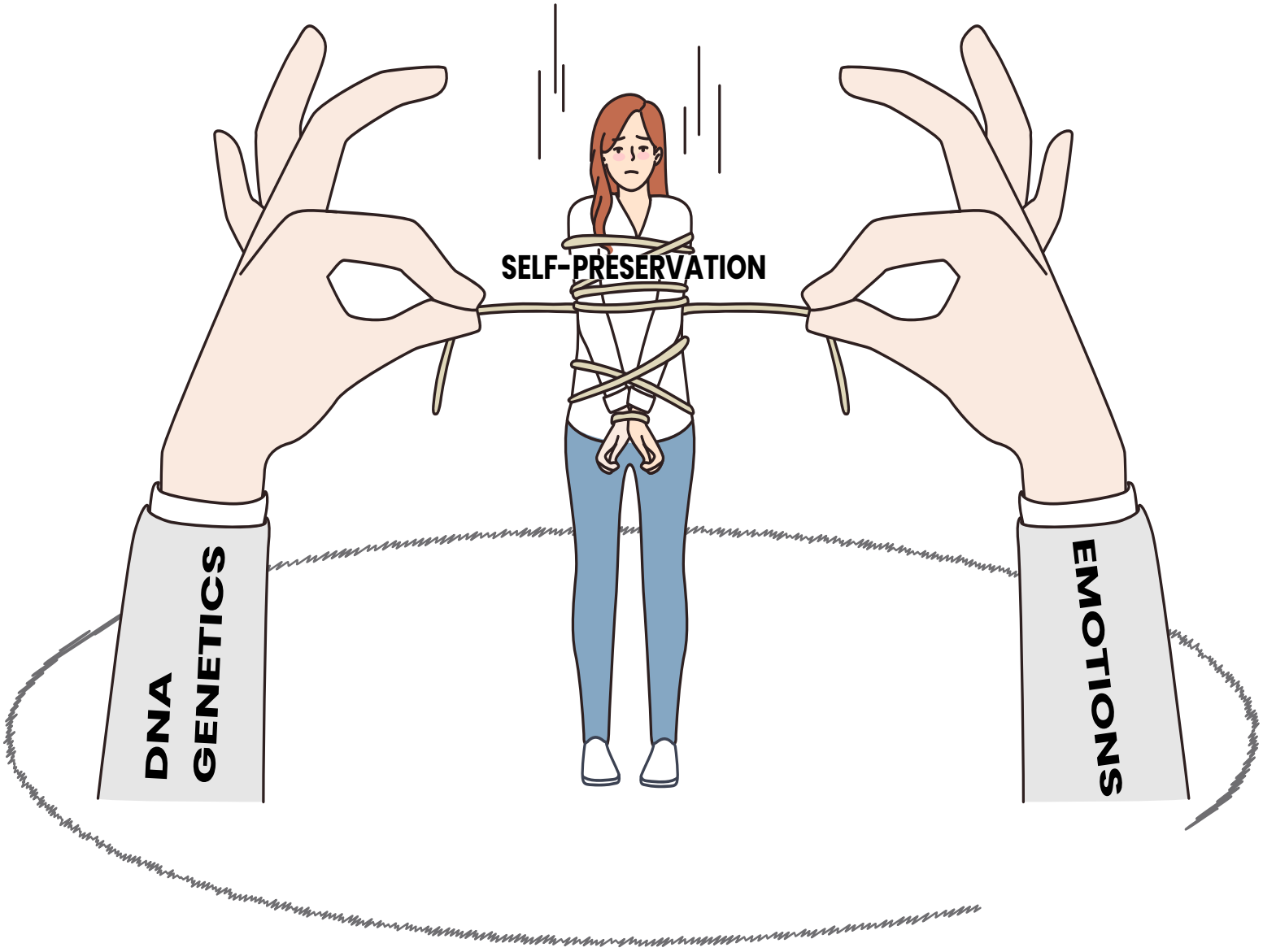
# HOW WE LIVE



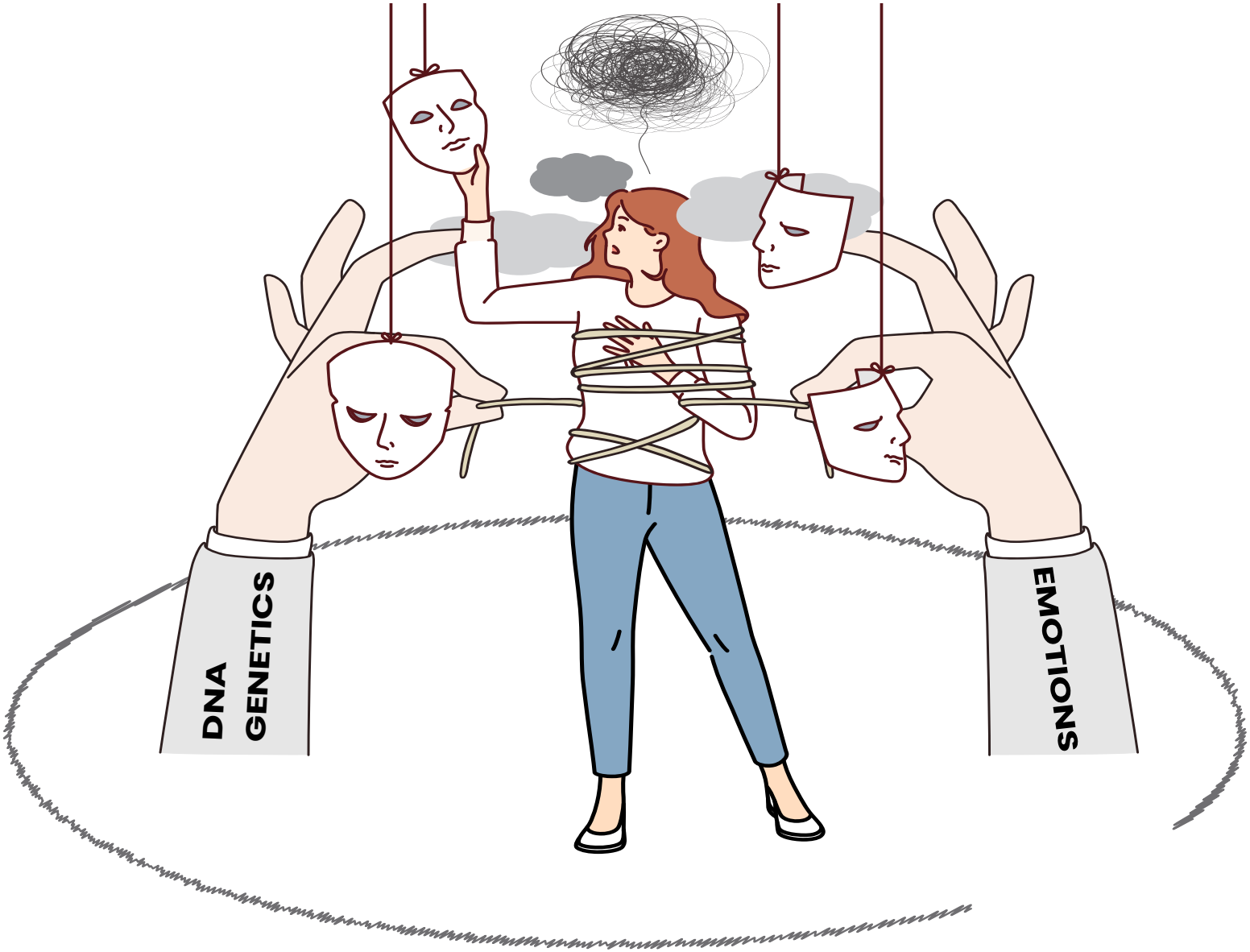
# THE ATMOSPHERE AROUND US



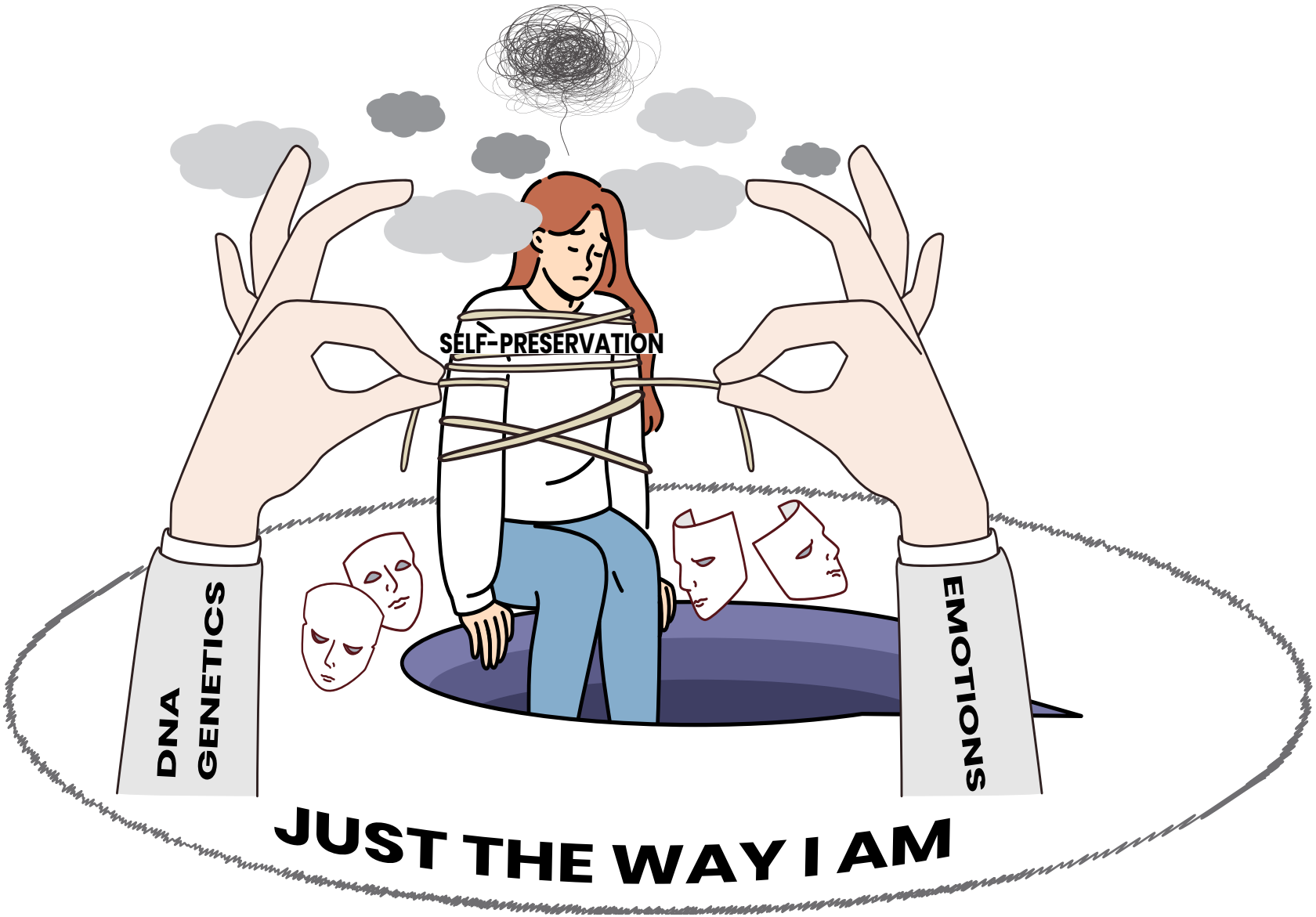
# HOW WE CALL UP OUR PRIMAL INSTINCTS



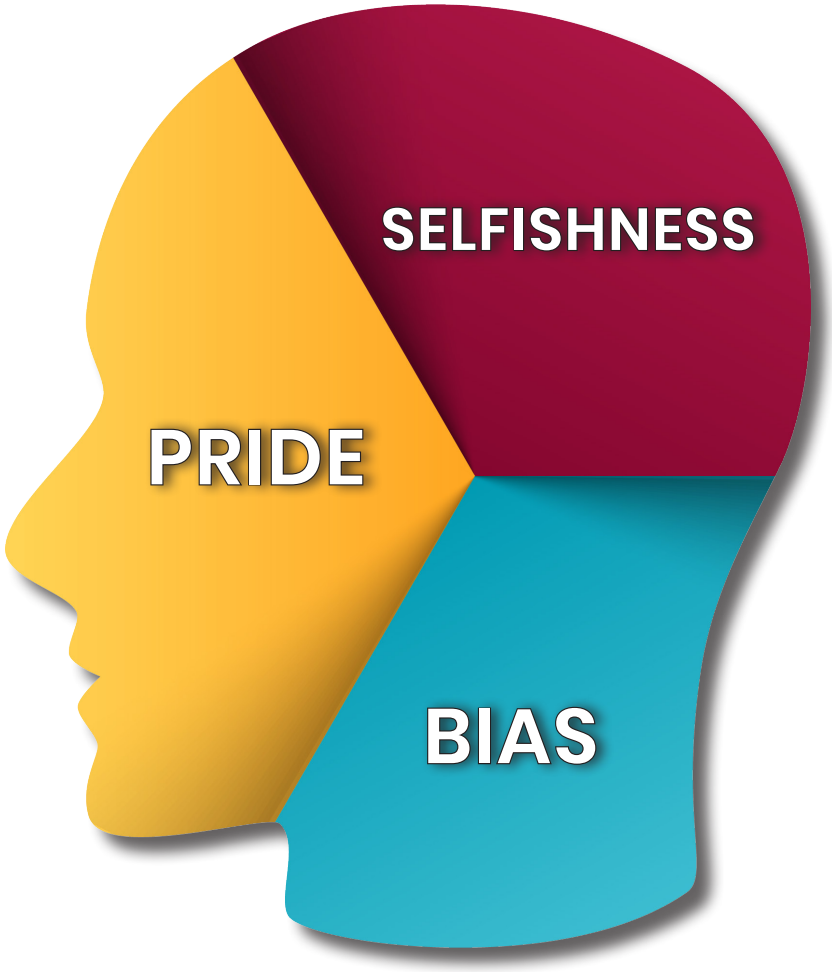
# HOW WE DECIDE ON WHAT SOCIAL SKILLS WE ARE GOING TO DEVELOP



# HOW WE COME TO THE FINAL CONCLUSION OF OURSELVES



# THE ELEMENTS OF THE ENTITY




PRIDE - basic need for the cruelty that will be necessary in order to survive. A catastrophic evil is born in us as the means for perpetrating and constructing a self.

SELFISHNESS - basic need for survival and self-worth

INTRINSIC BIAS - includes racism and social bias, developing into "morality."

We develop a persona to carry all of this into our living without any sense of consequence or damage to our ability to know the Soul through Love.

- To see the means of our way, objectively without guilt and shame.

- To realize the means of our way and how it turned into a lifestyle that turned us against Love.

- Thinking and living from the survival part of our brain that causes us to live in logic and reasoning. Always assessing our options in order to survive in a most ruthless manner.

- The disregard for consequence and reality.

# LIVING IN TOTAL REGRET WITHOUT REMORSE





- Excusing ourselves for our evil intent in order to survive.
- Dealing with guilt and shame as a means for punishment for our transgressions and cruelty.
- The lack of awareness is the key here – we have no objectivity, no ability or willingness to realize the need for forgiveness and mercy.
- Instead of becoming aware, we try to “understand” through our intellect and we miss the “element” that defines our life as an entity rather than a spiritual being.
- In this condition of psychology, we lack the ability to truly transcend. Our mind stays the same due to the emotional cruelty being levied upon us all during our lifetime.

# ACHIEVING A SENSE OF OBJECTIVITY WITHOUT EMOTIONAL ATTACHMENT

We must no longer attach ourselves to the ideas or beliefs of our human body, and its different ways of defining evil, punishment and reward.



- This requires a great deal of inter separation from our thoughts and emotions. Unless we have this space, this distance...we will only be sucked up into the vortex of our ego.
- Meditation must be constant, and we must be willing to live our meditation beyond thoughts and words.
- The key element here is to become aware of the futility of our body, and its thoughts and beliefs - it will eventually jetison us into illness, poverty, and death

# THE UNFATHOMABLE

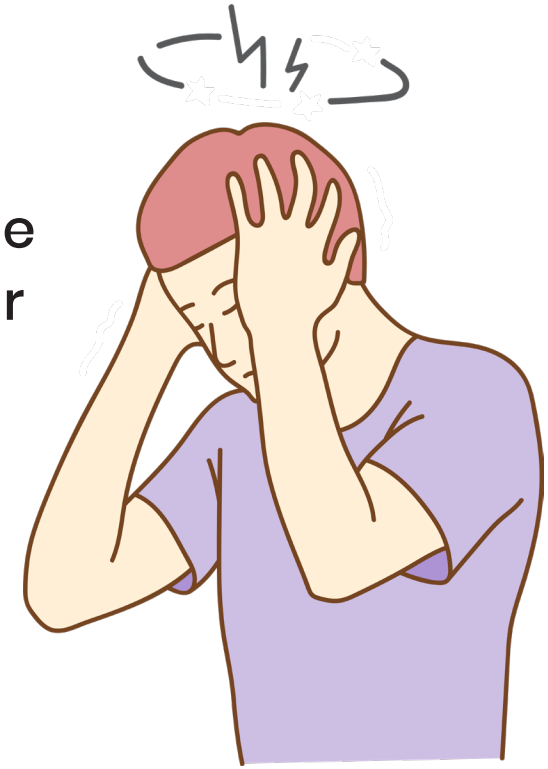
## WHAT THE PEDESTRIAN MENTALITY CANNOT FATHOM, IT IGNORES.

Our understanding is growing increasingly fragile.

This vulnerability is fueled by frivolous entertainment and comforting delusions that numb our conscience, preventing us from recognizing the mental and emotional toll we are inflicting on ourselves.



- The unfathomable is that we don't see and cannot realize the state of our world, our body, our emotions, or our mind.
- Self-examination is not something we are much interested in or a kin to.



# WE BECOME A PART OF THE COLLECTIVE UNCONSCIOUS DUE TO LIVING IN A MIND AND BODY THAT CANNOT FATHOM SPIRITUAL DISCIPLINE

This is a very awkward position we place ourselves into. Rather than living in the world, but not of it - we simply live as the world lives in fear, hate and bias.

- It is very difficult to come to a place within, where we can fathom the true reality of our life beyond the comprehension of our collective unconscious, pedestrian thinking.
- Humanity has faced this dilemma since it's inception. We simply refuse to see the reality that we are spiritual beings first...and human beings second.

# THE EFFORT IN DAILY LIFE

## LIVE WITH THE BODY AND ALL IT BRINGS ON, WITHOUT SEEKING RELIEF FROM ITS MISCHIEF

It is futile to engage in trying to change human traits, impulses and assumptions.

This must be understood both intellectually and, most importantly, from the realm and elements of the unfathomable.



*The human experience cannot fathom the Divine that lives within us all*





# THE BODY IS TIME

We only have the measure of time that our body invokes due to its genetics and heredity, which are defined by our endurance to live the way we do.

By living against the grain of our spirituality, our mystical nature - we are relegated to a life limited by time.

*The effort is to dismiss the body as the means for a life and step into eternity*

